





Action for Carers Surrey

Are you looking after someone who couldn't manage without you?

Does your GP know you're a carer?

As a carer your doctors' surgery can offer…

- Having your caring role recorded on your notes
- Providing you with a GP Carers Prescription to access FREE support through Action for Carers
- Flexible appointments and text reminders
- A free flu jab
- Staff who understand carers
- Knowledge and awareness of other types of help and support for carers

Please speak to your GP – they can help you in your caring role, as can Action for Carers. Call us on 0303 040 1234.

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